**07. Remember the Shabath day: CALLED TO ENTER IN THE BLESSING**

* **Sign of Cross: sr Jennifer will introduce it**
* In the NAME OF THE FATHER (…Prayer with the scripture: sharing of the previous meeting)
* Summary of the previous meetings for the new ones especially. WE READ: I am the Lord your God... but you, whom do you want to serve? Don't take God for granted in your life... an authentic relationship requires everything, all your life
* If you want an authentic relationship, you have to get to know the truth, accept your weakness and absurdity (cf. Peter) Authentic relationship requires an encounter with God, to be my God
* Therefore, **WHERE and HOW can I meet God? In Spirit and Truth: What I am-what I do**
* **Ppt Exodus**  20, 1-8. “Remember the Sabbath…..Jewish **Shabba**t the 7th day means “rest”. God **commands us to**…. To enter into the rest.
* **Which is your favourite day of the week? WHY?**
* Friday/Saturday? OUR REST: ESCAPE from hard work/stress/anxiety: FORGET
* With what? Drink, drugs/disco pubs/sex/…
* **Cycle and order of Creation**: There is a cycle in the way the Lord works, a scheme of things. Referring to the Reading again: in 6 days “the Lord made the earth, sky and sea and everything in them”. We see this in Genesis 1 where God created one thing after another. But he rested on the 7th day………. And he sees how **everything is good** andHe **blesses** the Sabbath. Same with us……all the week: good, beautiful. Our days & life story are blessed. ……..useless to escape from something we haven’t accepted. Weekend escape solves nothing.
* **Rest** is to **reconcile with our story/work/studies/ all the realities i** Embrace our story which identifies us. Our personality is defined by the memory of things that happened to us. Our stories are all important…God’s work of art.
* **Sunday is the day of rest for Catholics because a new creation has been done: the day of resurrection of the Son of God. Jewish-Saturday; Muslims-Friday; Catholics-Sunday**
* **But when and how to meet the Lord? Always in Spirit and Truth and on Sunday as a community. All together we bless our story and what God has done for us during this week. We celebrate and we look at our week in what we have collaborated with God**
* **And like me others has done the same experience. And communion makes us stronger. We are witnesses of each other of the Glory of God in us and in our lives.**
* Our journey with the reconciliation story of our life is our journey of happiness. All that we go through makes sense in our story, even the most terrible situations. God’s love works in all that happens to us…and we should be at peace.
* We desire His peace (shalom) and we want to enter in this blessing/peace and rest.